



Welcome to Healing Warrior Hearts!

We provide programs for veterans and their families, dedicated to healing the emotional, moral and spiritual wounds of military service.

The Starfish Foundation, a 501c3 charitable organization, is the sponsor of **Healing Warrior Hearts**, offering the programs at no cost to military veterans and their families.

War is more than the official theatre of combat. Beyond physical action, it is a battle of the spirit resulting in moral or spiritual injury and emotional trauma to the military and to the families and friends who support them.

Healing Warrior Hearts guides the wounded to the peace that heals and strengthens their hearts. The gathering of community, unconditional love and the absence of judgment create the safety required for healing to occur. Veterans will experience a community of support from fellow vets as well as civilians, people committed and willing to listen to the vets' stories with compassion and confidentiality and without judgment, helping heal their hearts.

The weekend retreat is designed to give participants an extended experience, from Friday evening through Sunday evening, however, this program is not residential. Participants will return home each evening (unless they have traveled from a distance, in which case we will help to provide lodging and transportation for the weekend). The continuity of the three days allows for a deeper experience of connection and emotional safety.

Healing Warrior Hearts - Annual Retreat Week
Every year, Healing Warrior Hearts spends a week at a camp location, where graduates and staff gather for R&R - fishing on the lake, walking through the woods, participating in a Native American Sweat Lodge for warriors, or just resting and enjoying nature. This beautiful environment and camaraderie helps veterans heal their hearts, minds and souls.

Veterans can attend this week at no cost. We are not however able to provide air transportation. If a veteran is from Wisconsin, we will do all we can to help find transportation to the camp location. We will also help coordinate transportation from Milwaukee, Madison or Green Bay airports to the camp.

Program Leaders: Patricia Clason, fondly known as the Sergeant Major's Daughter, is the founder of **Healing Warrior Hearts**. In 1993 she co-founded with Christan Kramer, a Vietnam Veteran, the weekend healing program, Bamboo Bridge, for Vietnam Veterans. Christan Kramer has now returned, joining Patricia and Don DeCamp, Vietnam Veteran, as instructors for **Healing Warrior Hearts**.

We also offer retreats dedicated to working with Military Sexual Trauma, for men and women.

A special retreat for military couples is also offered annually.

Register to attend a Healing Warrior Hearts program: registration.healingwarriorhearts.org

Held in Milwaukee at Center for Creative Learning
1553 S 38th St #300, Milwaukee, WI 5321
www.lightly.com/map.pdf

For more details about our programs, dates and locations:

www.healingwarriorhearts.org • www.starfishfound.org • warriorheart@starfishfound.org

Or call our offices and we will gladly answer your questions:

414-374-5433 or outside Greater Milwaukee 800-236-4692

Healing Warrior Hearts honors all veterans, of all services, of all times.
Whether you served in combat or on the homefront, during times of peace
or times of declared war, as a clerk, a mechanic, a medic, special ops or any other MOS,
your service was an important part of the military.
We welcome you to our programs, with great gratitude!



The Starfish Foundation believes that each person matters, that each of us have gifts to bring the world. Our mission, since the inception of our work in 1993, is to assist emotional trauma survivors to release their grief, rage and shame; and allow joy, productivity and prosperity back into their and their families' lives.

We hope that we will have an opportunity to share our programs with you.



is sponsored by the Starfish Foundation, a 501c3 charitable organization, staffed entirely by volunteers.

We are deeply committed to healing the emotional wounds of war, for our veterans, for their families, and for our communities. You can help!

Visit our website and volunteer or make a donation.
We are a privately funded organization, approved by GuideStar.

Healing Warrior Hearts programs are offered in Wisconsin and Texas.
Our programs are free and open to all veterans and their families.

For more information, call 414-374-5433
or visit our website at
www.healingwarriorhearts.org
For dates, locations and registration, go to:
registration.healingwarriorhearts.org

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